

LADYHAWK WATER AEROBIC CLASS

Name _____

Add. _____

Phone _____

Signature _____

Classes are 1 hour each & begin on time. Please try to be in the water on time & exit water at end of class. 30 min. before & after class is provided for prep., dressing, visiting, etc. Please be mindful of these times.

Pool Membership is not required to attend classes.

Each class is \$5 per person.

Must be 18 or older.

Classes are Tuesday & Thursday 8:30 AM & 6:30 PM

Saturday @ 10 AM